

# News from WATERMILL HOUSE CARE HOME

Dear Friends

As Spring dawns and the country slowly emerges from lockdown, we wanted to share with you the good times we have enjoyed so far this year.



## Meaningful moments

We have had a busy start to the new year with the launch of our new "Knit and Natter" sessions, with residents creating a very special blanket from their own individual squares. We've also been enjoying one-to-one 'Prayer and Song' sessions with our brilliant new team member Liz, in our lovely new space for spiritual and wellbeing sessions. Our library has also been re-organised in true Spring-cleaning fashion, and now makes the perfect relaxing space to host our Book Club. We've been busy making new connections outside of our home too, such as local school, Abbots Hill, who sent us a wonderful collection of art supplies and Kinnex for our residents to indulge their creative side. The children and their teachers delighted everyone when they came down to the field opposite us to wave banners and signs to say "hello"! It was a truly touching experience!

## A record-breaking Red Nose Day



We are so proud that our incredible residents raised a whopping £1,100 for Red Nose Day this year by doing a Walkathon within our home. Thirteen of our energetic residents - with an average age of 90 between them - walked the equivalent of 50 lengths of Wembley Stadium by marching the corridors and gardens - supported and cheered on by our team members, of course! Resident Shirley told us as she walked the final lap: "I was happy to do the walking because it was for a great cause and it felt good to have everybody cheer me on. Especially when I walked through the finish line!" Well done to all - what an achievement!



# A marvellous Mother's Day

This Mother's Day we thoroughly pampered the ladies of Water Mill House. The day began with a relaxing morning, where each resident received flowers and opened cards from loved ones. Our team members then adorned the dining room with beautiful Mother's Day decor that our team had spent the week hand-crafting, for that extra special, personal touch. Then everyone dressed up in their Sunday finest and there were glasses of bubbly all round as we settled down for an afternoon of live music and a delicious cream tea.



## A very happy Easter for all

Our Easter celebrations lasted all week long to the delight of our residents who had a great time playing themed party games, making pretty Easter crafts and waiting with anticipation for our new baby chicks to hatch! On Easter Sunday itself our residents embarked on a lively Easter egg hunt in the Spring sunshine then put their feet up whilst we served an indulgent afternoon tea. Everyone was delighted to see the Easter bunny make a special appearance delivering yet more chocolate from our stunning Easter trolley which everyone helped to decorate. As always, our happy home was filled with much love, laughter and silliness!

With love,  
**Victoria Forsythe**  
**Home Manager**

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**We always love reading your comments on Facebook!  
Here are a few recent ones:**

"This is absolutely incredible! Thank you to everyone for their wonderful support."  
Comic Relief

"Thank you Water Mill for giving all the ladies such a special day. Xxx" Helen

"We really enjoyed waving to you, thank you for making it possible. We found it very uplifting and a little emotional. The children and staff loved it!"  
Stephanie, Abbot's Hill School

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