

# News from WATERMILLHOUSE CARE HOME

Dear friends

As we begin a new year, we've been reflecting on all the fun we've had over the last few months with our friends and family at Water Mill House.



## Meaningful days

These past few months have been action packed to say the least. Our residents have enjoyed some fabulous Pet Therapy sessions where there was endless laughter when everyone got to cuddle an adorable duo of piglets! We collected a bountiful harvest from our vegetable patch in the garden, providing our chefs with a bumper crop of organic homegrown tomatoes thanks to our former Spitalfields Barrow Boy, resident David. We've enjoyed stunning trips along the canal on our favourite boat, stopping to feed the geese! And we have enjoyed many a hearty pub lunch as the days got cooler and the season's changed.

## Only treats this Halloween

You know we love an excuse to party at Water Mill House, so when Halloween rolled round our residents got the home ready by getting crafty! We gathered together to make pompom spiders and had a wonderful time carving pumpkins which made perfect table displays. Then it was time to don our witches' hats and capes for our fabulous fancy dress party! Some team members really got into the spirit with their spooky face paints and our residents were delighted that families joined us for all the fun. We indulged in seasonal treats such as hot dogs, burgers and Halloween punch. Then, as the evening wore on it was time for a boogie and a singalong to Ghostbusters!



# Remembrance Day

Remembrance Day is always especially meaningful at Water Mill House as some of our residents served in the war and have deeply personal lived experiences of that time. Resident Frank proudly wore his medals with pride when we made a poignant visit to our local parish church for a memorial service. It meant a great deal to everyone to lay a wreath while some residents wore knitted poppies in remembrance, sharing our stories and taking time to pay tribute to those we lost. It was an incredibly moving and heartfelt day.



## A festive season of fun

When December came around, we decided to launch our Christmas celebrations in the most joyous way we knew how; by inviting friends and families to join us for our Christmas Lights Switch On! We led gingerbread decorating in the kitchen, made baubles to hang on the community Christmas tree, enjoyed seasonal storytelling and even produced our own Nativity play filmed in front of a green screen! From that moment on, our residents enjoyed a wonderful festive season of fun-filled parties, mince pies and mulled wine, we visited Lockers Park School Chapel for a carol service and even enjoyed a Christmas cruise along the canal. So much fun – just the way it should be!



With love,  
**Victoria Forsythe**  
Home Manager

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**We always love reading your comments on Facebook!  
Here are a few recent ones:**

“Lovely to see our grandmother out and about and looking so well.” The Meyer Family

“Lovely photos of such a fun afternoon, we really enjoyed it, thank you.” Rachel

“What a lovely visit from these little darlings!” Sharon



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