

News from 
WATERMILLHOUSE
CARE HOME

Dear friends,

With the arrival of a crisp new season and the return of our beloved autumn traditions, we've been reminiscing about the delightful and joy-filled summer we have had here at our home.



Let's go fly a kite!

A few of our residents discovered a new hobby over the summer flying homemade kites at Dunstable Downs.

Our resident Linda expressed a wish to fly a kite, something she has fond memories of doing as a child, so we organised for Linda and her friends Judith and Wendy to take to the skies. Linda recalled a lasting childhood memory of flying a kite with her dad as a little girl, and the excitement of watching the kite soar through the air.

The ladies spent an afternoon kite flying and enjoying the fresh air and breathtaking views. We also helped them to make their own mini kites to fly during our weekly art group.

Summer fun in the sun



At the start of the summer we hosted our summer party, a day full of happiness, excitement and non-stop fun! We danced the afternoon away, tucked into a mouth-watering barbecue, and enjoyed ice cream and a drink or two.

It was lovely to see so many of our residents' families join us for the day, the children especially loved the bouncy castle.

Thank you to everyone who supported our event.

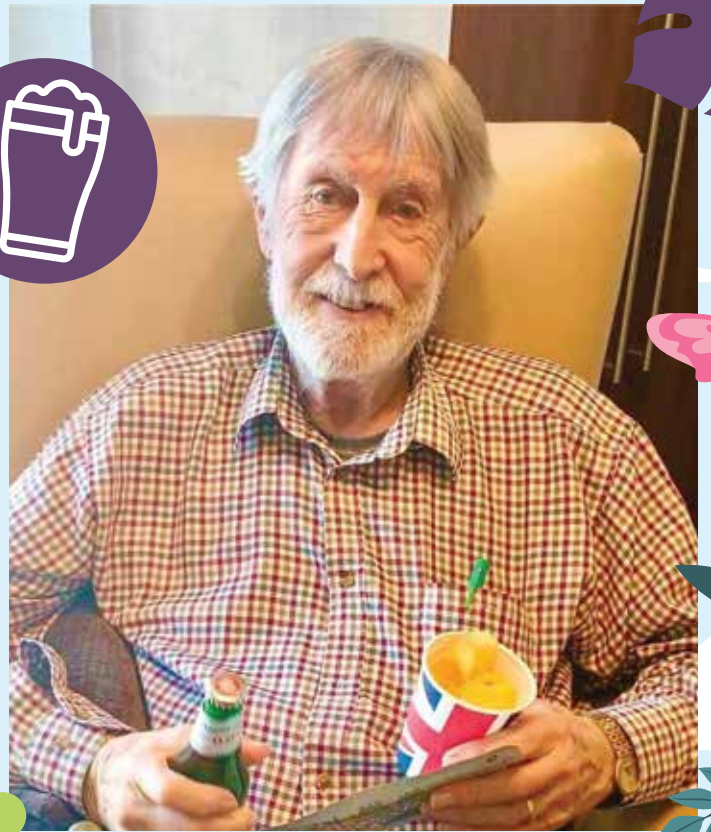


A day for the dads

Father's Day is always a busy time here with lots of families visiting their dads and grandads, and this year was no exception.

To make the day extra special, our team organised beer and nibbles for our gents.

We also had plenty of activities on offer from our wellbeing lead Elaine to help pamper all of our chaps, including Reiki head massage and foot masks.



80th anniversary

To commemorate the 80th anniversary of the D-Day landings our residents and team paid tribute by laying flowers by our wishing well, led by Richard who is a Colour Sergeant in the Bedfordshire & Hertfordshire Army Cadets.

We had Union Jack bunting and plenty of flag waving, plus lots of stories were shared of life during wartime. As the years pass by it is important that we continue to share the stories of those who were involved.



With love,
Victoria Forsythe
Home Manager

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Hemel Hempstead, HP3 9BP, Tel: 01442 952 349

**We always love reading your comments on Facebook!
Here are a few recent ones:**

“Well done to you all.” Sandra

“It's lovely to see residents genuinely enjoying themselves.” Aysha

“It was such a difficult decision but we know Mum is so well cared for but still has some independence. She has a lovely sunny room and her own little garden which she loves.” Patricia



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